



Kermode Friendship Society

Registered with Revenue Canada as a "charitable organization"
4714 Park Avenue, Terrace, B.C. V8G 1W1
Phone 250-635-4906 Fax 250-635-1485

Please join us for our drop in groups:

Pregnancy Outreach Program (POP)

Tuesdays, 10 am - 12 pm

Pregnancy Support Group. Provides support and information on pregnancy and infancy. For families with babies 0-2years.

Parent Child Drop In (PCDI)

Thursdays, 10 am -12 pm

Cultural and parenting activities and support for parents and their children. Provides families the opportunity to bond and develop skills. For families with children 0-6 years old.

Kermode Outreach Group

Wed 8:45-11:45 am @ Suwilaawks School.

Fri 10-11:45 am @ KFS AECD Room Encourages parents to interact with their children, develop skills, and connect to school. For families with children 0-6 years. (During school year).

We have Parent Support Workers which include a Pregnancy Outreach Worker, and an Infant Development Worker who are able to assist in advocacy, referrals, goal setting, individual supports, and home visits.


All information shared is confidential.

All cultures are welcome.



March 2020



S	M	Tue	Wed	Thu	Fri	Sat
1	2	3 Post Partum Depression Week 5	4 Strong Start 8:45-11:45 am	5 Structured Play 10-12	6 Sorry No Yoga	7
8	9	10 Post Partum Depression Week 6 10-12	11 Strong Start 8:45-11:45 am	12 St. Patrick Day Craft 10-12	13 Family Yoga 10-11:45	14
15	16	17  Northern Health Topic TBA 10-12	18 Sorry No Strong Start (Spring Break)	19 Cultural Activity 10-12	20 Little Ones Swim 11 am	21
22	23	24 Northern Health Topic TBA 10-12	25 Sorry No Strong Start (Spring Break)	26 Transitions 10-12	27 Little Ones Swim 11 am	28
29	30	31 Northern Health Topic TBA 10-12	Group Times & Topics are subject to change. Please check our FB Page for updates: Kermode Baby-house Tuesday POP Group Co-hosted with Public Health			